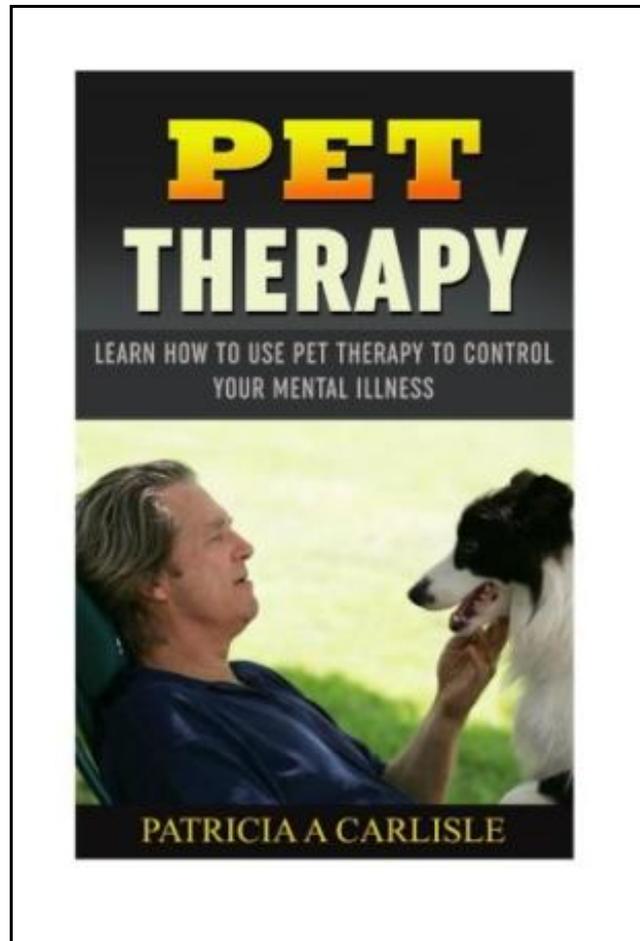# Pet Therapy: Learn How to Use Pet Therapy to Control Your Mental Health

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Reviews

The book is straightforward in read through better to recognize. it absolutely was writtern quite completely and valuable. Its been printed in an exceptionally simple way which is only after i finished reading this book where really altered me, alter the way i believe.
(Kenyatta Berge DDS)

PET THERAPY: LEARN HOW TO USE PET THERAPY TO CONTROL YOUR MENTAL HEALTH

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Pet Therapy is a guided interaction between an individual and a trained animal. It also involves the animal s handler. The purpose of pet therapy is to help a patient recover from or cope with a health problem or a mental disorder. Pet therapy also is called animal-assisted therapy. Dogs and cats are the animals most commonly used in pet therapy. However, fish, guinea pigs, horses, and other animals that meet screening criteria can be used. The type of animal chosen depends on the therapeutic goals of a patient s treatment plan. Pet therapy, is sometimes confused with animal-assisted activities. Pet therapy is a formal, structured set of encounters. These meetings are planned to help patients reach specific goals in their treatment or progress.

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