



## Moving on Gracefully: Break Up Without Heartache

By Dating Goddess

Dating Goddess Productions, United States, 2012. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Survive a breakup with as little angst as possible Breaking up sounds so high school, doesn't it? But part of the dating process at any age is clearly communicating when one decides not to see the other anymore. Going no-contact - not returning emails, texts, calls, or IMs - is not a mature or respectful choice. But as the song says, breaking up is hard to do - at least hard to do right! Right means sensitively, respectfully, without drama and blame, consciously working to leave the other person's ego and dignity intact, even if he did something disrespectful. Whether you are the initiator or the recipient, you owe it to yourself - not just him - to move on with grace. If you are the dumper - released by the other, how can you pick yourself up and continue your search for The One? Especially if you had fallen hard. Sample topics: oHello - goodbye: How to say no thanks after meeting oReleasing back into the dating pool o50 ways to leave your...



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