



The Common Sense Book of Change

By Patricia E West

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book ***** Print on Demand *****.The Common Sense Book of Change is an easy-to-read version of the Chinese I Ching, complete with clear user instructions. Use it first to increase self-understanding, then to create harmony between the inner world of self and outer world of others. The text maps the natural patterns of change which trigger predictable passages from one stage to another in our lives. Its simple observations are a treasure of enduring practical wisdom. Its purpose is to maintain poise and stability in the midst of change. Using the interactive Book of Change is a powerful way to get in touch with the native common sense we re all born with, but too often forget under the pressures of hectic daily life. The I Ching codifies the dynamics of natural law, sometimes called the Law of Karma. As such, it is the functional foundation of practical ethics. Careful thinkers everywhere consult it as the basis for a realistic philosophy of life. Psychologists and therapists turn to it for its profound insights into the dynamics of the human psyche...



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