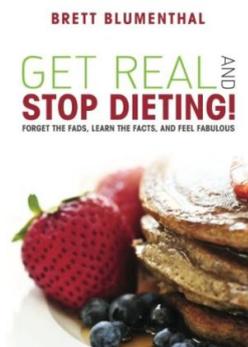


## Get Real and Stop Dieting!



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**(Dr. Alexa Rogahn)**

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