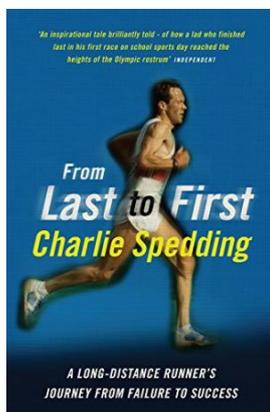


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FROM LAST TO FIRST: A LONG-DISTANCE RUNNER'S JOURNEY FROM FAILURE TO SUCCESS



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