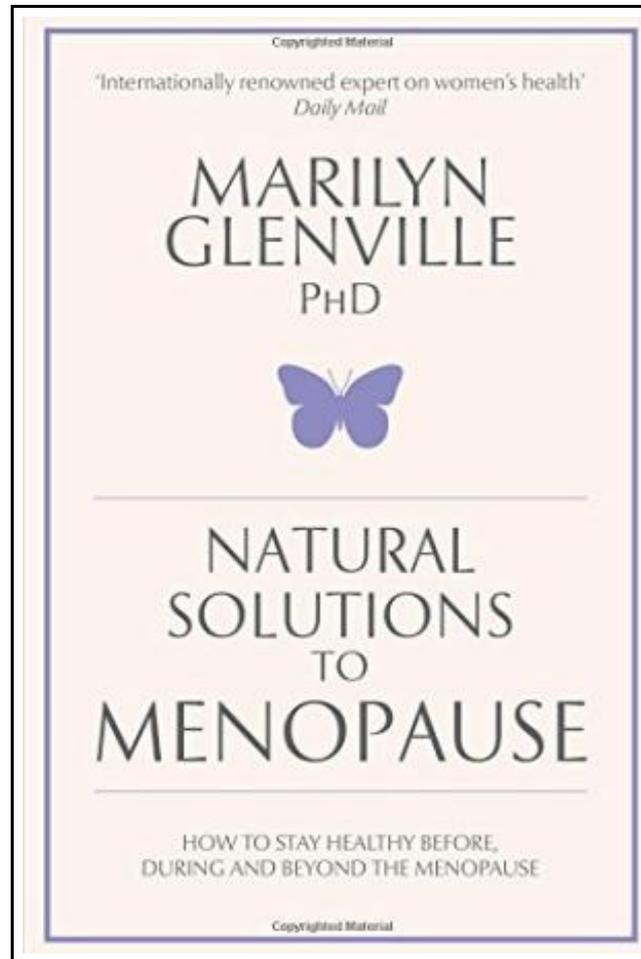


## Natural Solutions to Menopause: How to Stay Healthy Before, During and Beyond the Menopause



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