



Pranic Living and Healing

By Luis S.R. Vas

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2003. Softcover. Book Condition: New. Is it possible to live on sunlight and boiled water and no other food? Practitioner of Pranic living assure us that it is possible. The practice is called pranic nourishment and its practitioners claim that in the coming decades it may be the answer to global hunger and malnutrition. Anybody can live on light provided they follow an eight-point plaaan to change their lifestyle, some of its practioners maintain. In this book, the author presents all the evidence for the claims and counterclaims and other fascinating material on this subject of pranic nourishment, giving all sides of the picture to enable readers to decide for themselves on the merits of the concerned issues, including the healing properties of prana. Printed Page: 144.

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