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i AM MANTRAS Poetic Words To Live By

By Christina M. Brown

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ABOUT i AM She stands at an ocean front pondering over her life.

Gazing into the waters wondering why it wasnt quite right.

Things just werent happening the way she had planned. Then a

light bulb would go off as she strolls through the sand. Finally

she understood. i AM - MANTRAS Poetic Words to Live By is an

uplifting and inspiring supplement to your existing source of

strength. With the negative energy permeating the world

today, its logical how it could affect ones mental state; thus

hindering their growth and ability to accomplish short and

long term goals. The positive words of affirmation in this book

are taken from the authors self-examination and viewpoint on

personal experiences with negativity. The use of certain words

and statements can affect the outcome of your future as well

as your physical health. This reference book of poetry and

prose is a living and breathing manifestation of my life and

how I came to recognize my purpose. This gift from God gave

her the ability to break through the negative chains...



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