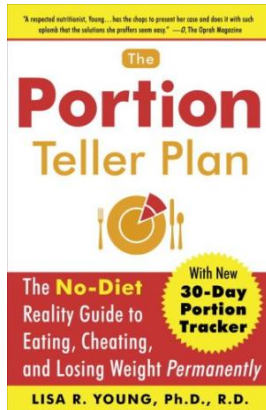


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THE PORTION TELLER PLAN: THE NO-DIET REALITY GUIDE TO EATING, CHEATING, AND LOSING WEIGHT PERMANENTLY



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