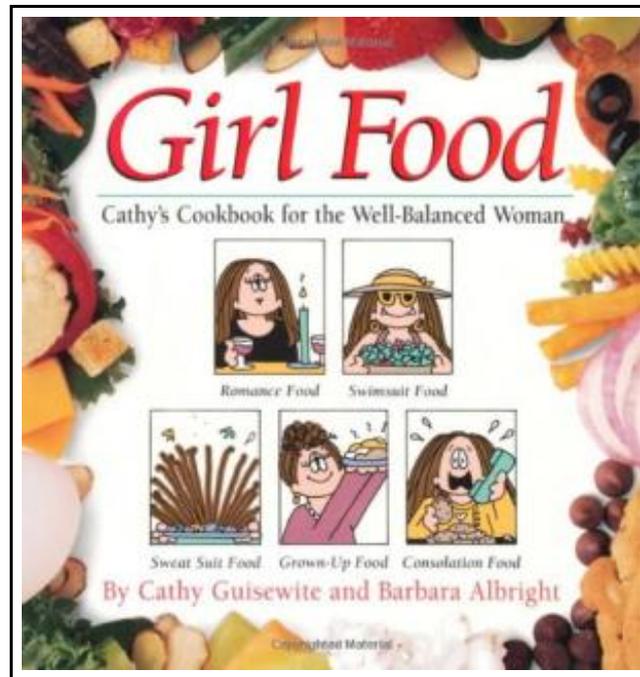


Girl Food: Cathy's Cookbook for the Well-Balanced Woman



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Reviews

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(Damian Poulos)

GIRL FOOD: CATHY'S COOKBOOK FOR THE WELL-BALANCED WOMAN



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Andrews McMeel Publishing. Hardback. Book Condition: new. BRAND NEW, Girl Food: Cathy's Cookbook for the Well-Balanced Woman, Cathy Guisewite, Barbara Albright, Here in one book, each woman will find a voice; each woman will find a recipe. Cathy's fights with food are legendary. She battles the bag of chips, the last piece of cake, the chocolate that calls her name. Now, in this delightful cookbook, the creative cartoon figure finally puts her fondness for food to work for the benefit of all womankind. It's all about "Girl Food"! Co-authored by cartoonist Cathy Guisewite and food writer Barbara Albright, "Girl Food" dishes up recipes in ways women really think about eating. Five categories--from Romance Food to Swimsuit Food to Consolation Food--contain taste-tempting recipes for all occasions. Whether the reader's trying to woo or she's ruing the day she ever met him, "Girl Food" serves up just the right kind of nourishment, with a dash of Cathy's special humor. Consider these tasty morsels: * "He Actually Believed Me When I Said I Could Cook" Seduction Steak With Portobello Mushrooms * "Why Did I Volunteer To Bring Something" Party Pasta Salad * "The Proposal Is Due; I Lost The File; I'm Staying Home" Chicken Soup All of "Girl Food"'s eighty recipes were developed by Albright, a registered dietitian, former editor-in-chief of "Chocolatier Magazine," and author of numerous best-selling books on baking. Cathy--who personally tested every recipe--appears throughout the book, giving bonafide fans a chance to cook and commiserate with one of their favorite food friends.



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